



**United Way**  
Halton & Hamilton

# HAMILTON TOGETHER. STRONGER.

## WHY

In Hamilton, poverty is overwhelmingly experienced by recent immigrants, First Nations and Indigenous people, and other minority groups. Poverty in racialized communities is a growing problem, especially among more recent immigrants. Studies suggest access to information and services is integral to the success of these populations. With your support, we can move those experiencing poverty, to possibility.

**In Hamilton, poverty is overwhelmingly experienced by visible minority groups like Arab (49.4%) and West Asian (30.9%) peoples.**

## HOW



Investing in  
**64**  
Hamilton-based programs



Helping  
**55,887**  
Hamilton residents



## YOU

- \$50** Provides 4 months of healthy snacks for 2 children from a diverse neighbourhood.
- \$120** Provides one newcomer child access to an after school program to improve their academics and carve a pathway to post-secondary.
- \$1,000** Provides 20 marginalized youth with selfcare packages to support their mental health and wellness.

## MORE

Together, we can address the challenges of today and build a better, stronger tomorrow—for everyone who lives in our community.

Our collective work in ensuring people have access to the help they deserve has never been more important.

Scan this code to see your **Local Love** in action.



# AGENCY

# PROGRAM

# AREAS OF OUTCOMES

AGENCY	PROGRAM	Child & Youth Supports	Family Supports	Food Security	Employment & Financial Security	Mental Health & Safety	Community Inclusion
Alternatives For Youth	Youth Substance Use Counselling	•				•	
Ancaster Community Services	Assisted Volunteer Driving					•	•
	The Net (Youth Empowerment Program)	•					•
BGC Hamilton Halton	Character Development	•					
	Sanford Kids Club	•					
Big Brothers Big Sisters of Halton and Hamilton	Community Based Mentoring	•				•	•
	School Based Mentoring	•				•	•
	Vulnerable Population & Cultural Mentoring	•			•	•	•
Canadian Mental Health Association, Hamilton Branch	Evening Social Recreation Rehabilitation					•	
Catholic Family Services of Hamilton	Healthy Wallets, Wealthy Minds					•	•
	Senior's Intervention Case Management					•	
	Walk In Counselling					•	
Catholic Youth Organization	Camp Marydale	•	•				
	Crusader Athletics	•			•		•
Community Living Hamilton	Supported Leisure						•
Distress Centre Halton	Distress Line					•	
Dundas Community Services	Seniors Services					•	•
EFRY Hope and Help for Women	Youth Connect	•				•	•
Elizabeth Fry Society, Southern Ontario Region	Opportunities for Women					•	•
Empowerment Squared	Education Programs	•	•				
	Supervised Sports & Recreation	•					
	Community Connections					•	•
Eva Rothwell Centre	ERC Youth Zone (Empowered, Resilient, Capable)	•					
	ICE After School Program (Inspire, Create, Empower)	•					
Food For Life	Food Sourcing, Sorting & Sharing			•	•	•	•
Hamilton and District Literacy Council	Literacy and Basic Skills				•	•	•
Hamilton Council on Aging	Seniors 4 Change (Positive Aging Education)					•	•
Hope Place Centres	Her Strength					•	•
	His Strength					•	•
	PATTERNS		•			•	•
John Howard Society of Hamilton, Burlington & Area	Family Support Program	•	•	•	•	•	
Radius Child & Youth Services	Child Abuse Trauma Intervention					•	
	Abuse Prevention					•	
Sexual Assault Centre Hamilton & Area (SACHA)	Counselling and Advocacy					•	
	Crisis Support					•	
	Diverse Communities Outreach					•	•
Social Planning & Research Council	Financial Empowerment and Problem Solving Project (FEPS)		•		•		
	Social Planning						•
St. John Ambulance Hamilton Branch	Therapy Dogs					•	•
St. Joseph's Villa	Adult Day Program			•		•	•
St. Matthew's House	Seniors Food Security Program			•		•	•
STRIDE (Supported Training & Rehabilitation in Diverse Environments)	Employment Support Program				•	•	•
The Lighthouse Program for Grieving Children	Peer Grief Support Groups	•	•			•	
The Living Rock Ministries	Oasis Coffee House Evening Program		•	•	•	•	•
Threshold School of Building	Ready to Work	•		•	•	•	•
Thrive Counselling Services Halton Inc.	Caring Dads		•			•	
	Individual, Couple & Family Counselling		•			•	
Welcome Inn Community Centre	Learning and Fun After School	•		•	•		
	All Youth Zone	•					
	Early Years Mobile		•				
Wesley Urban Ministries Inc.	Senior's Outreach Program					•	•
	Wesley Day Centre			•			
	Wesley Youth Housing			•		•	
Wever Community Hub	CORE Kids	•					
	Beyond the Bell	•					•
	Children & Youth Health & Fitness	•					•
YMCA Hamilton Burlington Brantford	Day Camp	•					
	Helping Hands						•
	Youth Support Programs					•	
	After School Programs	•					
	Good Beginnings		•			•	•
YWCA Hamilton	Transitional Living - Food Security			•	•	•	•
	Woman Alive					•	•
	Young Women & Girls Programs	•					•