



MOVE BETTER. FEEL BETTER.



GET MOMENTUM TODAY!

SPECIAL CORPORATE RATES AVAILABLE

\$45
per month

Your corporate
membership includes:

- 24/7 Swipe card access to all Momentum facilities
- No contracts, month to month payments
- One month of personal training and workout programming
- Group training and classes
- Outdoor Running, Walking and Hiking Clubs
- Guest privileges 3x per month

\$0 Registration Fees \$240 in savings per year

We've created the perfect workout spaces in Hamilton.

Check us out at

www.getmomentum.ca

Limited memberships - meaning no overcrowding.

Contact us anytime to talk about your health goals.

905.929.2348